

Safety First – Bystander Intervention

Bystander intervention is one of the most effective ways to prevent sexual misconduct. An active bystander is someone who has the moral courage to find a way to safely intervene and stop a potentially dangerous situation.

Whether you see a friend who has had too much to drink, a classmate who seems sad and withdrawn, or a fight between two strangers in the quad, as a member of the Cabrillo community you have a role to play in creating a safe, healthy campus environment. This

Direct

Directly address the situation. You can either confront the person being harmed or the person you think is about to cause harm. Some examples of a direct approach include:

- Asking someone who seems uncomfortab

- Accidentally spilling a drink on the person who keeps forcing your drunk friend to dance with him or her.
- Asking the person who may be in trouble for directions.
- Telling the person who may be causing a problem their car is being towed.

These are just a few of the ways you can stand up and make a difference in your community.