

ADS 120 - Introduction to Addiction Studies Course Outline

Approval Date: 05/14/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000284289

Discipline(s) Counseling

Division Counseling

Subject Area Addiction Studies

Repeatability May be repeated 0 times

Catalog Description An introductory course in substance abuse that orients the learner to commonly abused substances and their physical and cognitive impact, addiction theory, problem identification and treatment modalities. This course emphasizes prevention and intervention strategies for helping professionals working in a variety of health and human service settings.

Schedule Description

SECTION D

Condition on Enrollment

1a. **Prerequisite(s):** *None*

1b. **Corequisite(s):** *None*

1c. **Recommended**

HSRV 120

HSRV 124

1d. **Limitation on Enrollment:** *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Students will be able to identify commonly abused drug and alcohol substances, how these substances affect individuals, and how those struggling with abuse issues can be treated in health and human service settings.

2. Course Objectives: Upon completion of this course, the student will be able to:

A. Examine the composition, physical and cognitive effects, addictive factors, and symptoms of withdrawal and overdose of commonly abused substances.

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- C. Physical and cognitive impact of substance abuse
- D. Addiction Theory
 - a. moral
 - b. disease
 - c. genetic
 - d. systems
 - e. behavioral
 - f. sociocultural
 - g. bio-psychosocial
- E. Historical Perspectives
 - a. History of substance abuse
 - a. Identify local and national patterns of substance use and addiction
- F. Substance Misuse, Dependence, and the Body
- G. Gambling, Eating Disorders, Shopping, and Other Behavioral Addictions
- H. Addiction Across the Life Span
 - a. Developmental stages, risk and issues for children
 - b. Developmental stages, risk and issues adolescents and transitional age youth
 - c. Developmental stages, risk and issues for adults
 - d. Developmental stages, risk and issues for older adults
- I. Family Risks and Resiliencies
 - a. Recognition of family roles
 - b. Evidence-based family treatment interventions
 - c. Communication patterns amongst the family
 - d. Impact of substance use on family members
 - e. Child and Adolescent risk factors and use
- J. Ethnicity, Culture, and the Socioeconomic Determinants of Addiction
 - a. the nature and extend of alcoholism/drug dependency problems among target populations.
- K. Gender and Sexual Orientation Differences
 - a.

14. Integrated treatment approaches

- a. Evidence-based treatment
 - a. Detoxification
 - b. psychoeducation
 - c. CBT, MI
 - d. Modification of evidence-based treatments for co-occurring disorders
 - e. Medication used for the treatment of addictions

Letter Grade or P/NP

Author: Substance Abuse and Mental Health Services Administration (SAMHSA)
Title: Addiction Counseling Competencies: The knowledge, skills and attitudes
of professional practice, (TAP 21)
Publication: SAMHSA
Publication Year: 2011
Volume: 4171

B. Other required materials/supplies.