

ADS 199 - Independent Study in Addiction Studies Course Outline

Approval Date: 04/11/2019

Effective Date: 08/12/2019

SECTION A

Unique ID Number CCC000604610

Discipline(s) Counseling

Division Counseling

Subject Area Addiction Studies

Subject Code ADS

Course Number 199

Course Title Independent Study in Addiction Studies

TOP Code/SAM Code 2104.40 - Substance Abuse/Addiction Counseling* / C - Occupational

Rationale for adding this course to the curriculum This course is only for students who have already completed the foundation courses and only required to fulfill the "gap" material that CCAPP is requiring for Addiction Studies accreditation.

Units 1 6

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 18.00
to 108.00

Lab 0.00
to 0.00

Activity

Distance Education On-Campus
Mode of Instruction Hybrid

SECTION B

General Education Information:

- C. Treatment approaches supported by empirical evidence for individual
 - a. Motivational Interviewing
 - b. Rational Emotive Therapy
 - c. Cognitive Behavioral Therapy
 - d. Dialectical Behavioral Therapy
 - e. Solution-Focused therapy
 - f. Seeking Safety
 - g. Mindfulness
- D. The major tenets of group therapy
 - a. Stages of Groups
 - b. Different types of groups
 - a. Process groups
 - b. Psychoeducational groups
 - c. Self-help and support groups
 - c. Inpatient vs Outpatient Addictions Group Counseling
 - d. Group therapy with substance abuse and addictions challenges
 - e. Interview types and settings
 - f. Vignettes and case studies
- E. Introduction to Special Populations and Special Client Needs who are struggling with addiction and abuse
 - a. Treatment approaches for clients with dual diagnosis
 - b. Forensics
- F. Intellectual Disabilities

Case management in Addiction Studies

- A. The use of assessment and intake in case management
 - a. administrative requirements for admission
 - b. use of screens to assessment in substance use
 - c. biopsychosocial assessment
 - a. including alcohol/drug history,5.744 8475.744 84le024 468.07 635.26 reW

- g. how to organize client information for presentation to other professionals
- h. evidence-based treatments
- i. case presentation procedures
- D. Service coordination with local/state agencies
 - a. Organization and service coordination
 - b. Providing information and referral
 - c. Alternative resources available to provide treatment and supportive services
 - d. roles and functions of individuals in resources agencies and their position in the decision-making process
 - a. resources of people together within a planned framework of action toward the achievement of established goals
 - e. advocacy techniques
 - f. assessing the need for consultation and referral
 - g. identifying counselor limits and scope of practice
 - h. Follow-up
- E. Advocacy and change for individuals and organizations
 - a. The counselor as a change agent
 - b. Current political issues affecting organizations

H. Alcoholic Anonymous, SMART recovery, substance specific treatment and support groups

I. Aversion Therapy

J.

4. Methods of Instruction:

will take turns as the client and as the counselor during a video recorded ?session?. The session should be no longer than 15 minutes per individual (1/2 hour total) in which the student demonstrate the counseling technique the student would use with this client. The treatment plan and assessment will be submitted to the instructor prior to the presentation so copies can be posted to CANVAS. Presentations will be critiqued online by other students. There will be a subsequent in class discussion about the role play. Example 2 Students will attend 3 consecutive (AA/NA or other substance abuse treatment group. The student will observe group norms, dynamics, and roles and complete a 5 -7 pages

3. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Daley, Dennis C. & Douaihy, Antoine

Title: Relapse Prevention Counseling: Clinical Strategies to Guide Addiction Recovery and Reduce Relapse

Publisher: Pesi Publishing & Media LLC

Date of Publication: 2015

Edition:

B. Other required materials/supplies.

SAMSA 2/14/2015

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