



DANS 134 - Ballet Level I Course Outline

Approval Date: 08/05/2009

Effective Date: 08/13/2017

SECTION A

Unique ID Number CCC000502859

Discipline(s) Dance

Division Kinesiology & Athletics

Subject Area Dance

Subject Code DANS

Course Number 134

Course Title Ballet Level I

TOP Code/SAM Code 1008.00 - Dance, General / E - Non-Occupational

Rationale for adding this course to the curriculum CLO update

Units 1 – 1.5

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 0.00
to 0.00

Lab 0.00
to 0.00

Activity 36.00
to 54.00

Work Experience 0.00
to 0.00

Outside of Class Hours 18.00
to 27.00

Total Contact Hours 36
to 54

Total Student Hours 54
to 81

Open Entry/Open Exit No

Maximum Enrollment 30

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description The Ballet level I course introduces the first time ballet student to the history of ballet, the introductory vocabulary, foot and arm positioning, proper alignment, and basic barre, center and locomotor ballet movements.

Schedule Description

SECTION D

- a. Plie' - (demi')
- b. Battement
 - a. Tendu'
 - b. Degage'
- c. Developpe'
- d. Grand Battement
- e. Tendu arabesque
- f. Releve'
- e. Techniques used on the center floor
 - a. Port de bras
 - b. Tendu
 - c. Demi-plie' (stationary and transition)
 - d. Changement
 - e. Pas de Basque
 - f. Basic developpe' as adagio preparation
 - g. Pirouette preparation
- f. Techniques moving across the floor
 - a. Chasse'
 - b. Chaine
 - c. Walking with epaulement
 - d. Walking adding balance work such as arabesque
- C. Basic ballet combinations performed to different types of music to introduce rhythmic competency.
- D.

4. Methods of Instruction:

Activity: Basic techniques of ballet

Discussion: Instructor or student-directed discussion relating to any lecture material.

Lecture: Formal lecture on subject matter with relating textbook assignment or handout, informal or impromptu lecture arising directly from the dancing experience.

Observation and Demonstration: Instructor physically demonstrating movement patterns, dance combinations, floor, axial and locomotor exercises or techniques.

Projects: Student researches contemporary status of a dance genre utilizing library and internet resources or interview a contemporary dance artist for research. Student may also include personal dance experience as research material.

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests -- 1. Vocabulary test on terminology. 2. Technique practical exam.

Class Participation -- 1. Exercise 2. Evaluation

Home Work -- 1. reading assignments 2. practice technique

Final Exam -- 1. vocabulary 2. technique 3. principles

Additional assessment information:

Attend a ballet performance or watch a video performance and comment on the viewing experience.

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

- A. Reading Assignments

Students will be required to read text assignments and will be given handouts during the semester.

Example: Technical Manual and Dictionary of Classical Ballet

Text Assignments: History of Ballet