DANS 138 - Modern Dance Level I Course Outline

Approval Date: 01/12/2017 **Effective Date:** 06/10/2017

SECTION A

Unique ID Number CCC000502861

Discipline(s) Dance

Division Kinesiology & Athletics

Subject Area Dance Subject Code DANS Course Number 138

Course Title Modern Dance Level I

TOP Code/SAM Code 1008.00 - Dance, General / E - Non-

Occupational

Rationale for adding this course to the curriculum CLO update

Units 1 – 1.5

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 0.00

to 0.00

Lab 0.00

to 0.00

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Modern Dance is a creative movement class with an emphasis on rhythmic **Description** movements, isolated movements, free expression and improvisation. This course will introduce the elemental concepts (space, time, force). Emphasis on alignment, conditioning, elementary and traditional technique.

Schedule Description

SECTION D

Condition on Enrollment 1a. Prerequisite(s): *None* 1b. Corequisite(s): *None* 1c. Recommended: *None*

1d. Limitation on Enrollment: None

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- A. Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
- B. Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
- C. Value the psychological and sociological concepts that apply to dance genre.
- D. Apply knowledge of health and wellness to develop and informed, personal approach to mental and physical health.
- 2. Course Objectives: Upon completion of this course, the student will be able to:
 - A. Demonstrate conditioning exercises safely.
 - B. Perform basic non-

a. walk b. run c. skip d. turn e. floor level movement (crawl, roll, slide) B. Elementary axial movement includes but is not limited to: a. isolations b. foot articulation c. balance C. Elementary concept of Space includes but is not limited to: a. direction b. level D. Elementary concept of Shape includes but is not limited to: a. individual, group b. symmetrical or asymmetrical E. Elementary concept of Force or Quality or Time includes but is not limited to: a. percussive b. sustained c. pendular d. stillness E. congruence or dissonance with accompanying music

4. Methods of Instruction:

Activity: 1. technique 2. dance combination

Critique: 1.self 2. peer 3. instructor **Discussion:** 1.technique 2. history

Lecture: 1. technique 2. vocabulary 3. history

Visiting Lecturers: 1. prominent choreographer 2. specific technique

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests -- Written tests:Example:Short EssayDescribe the origins of the modern dance movement and identify the key innovators.

Class Participation