

HSRV 137 - Trauma-Informed Interventions Course Outline

Approval Date: 12/09/2021

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SECTION A

Unique ID Number CCC000632755

Discipline(s) Counseling
and
Clinical Practice

Division Counseling

Subject Area Human Services

Subject Code HSRV

Course Number 137

Course Title Trauma-Informed Interventions

TOP Code/SAM Code 2104.00 -

Distance Education

- c. Institutional racism
 - a. Barriers in access to treatment for people of culture
 - b. health disparities
- C. Engaging client
 - a. Person-centered approaches to treatment
 - b. Different helpers and roles
 - c. Active listening
 - d. Verbal and non-verbal language
 - e. Defining personal boundaries
 - f. Establishing trust and supportive atmosphere
- D. Define evidence-based treatments
 - a. interdisciplinary treatments
 - a. Roles of providers and tasks
 - b. Case management
 - c. Outpatient/inpatient treatment
 - a. Private, non-profit, government services
 - b. Victims of care
 - d. individual therapy, family therapy, group therapy
- E. Trauma treatments
 - a. Psychodynamic
 - a. Person-centered approach
 - b. Cognitive behavioral therapies
 - a. Cognitive processing therapy
 - c. Exposure therapy
 - d. Somatic therapies
 - a. mindfulness
 - b. yoga
 - e. Complementary and Alternative Therapies
 - a. Hypotherapy
 - f. Neurofeedback
 - g. Pharmacotherapies
 - h. EMDR
 - i. Reenactment Protocol
 - a. psychodrama
 - j. Special Populations/System
 - a. Children
 - b. Adolescents
 - c. Military
 - d. Traumatic Grief
 - e. Sexual Assault and Sexual Abuse
 - k. Burnout and self-care
 - l.

4. Methods of Instruction:

Activity:

Critique:

Directed Study:

Discussion:

Lecture:

Projects:

Visiting Lecturers:

5. Methods of Evaluation:

Edition:
Book #3:
Author: Shapiro, R.
Title: The Trauma Treatment Handbook: Protocols Across the Spectrum
(Norton Professional Books
Publisher: W. W. Norton & Company
Date of Publication: 2010
Edition: 1st Edition

B. Other required materials/supplies.

TIP 57: Trauma-Informed Care in Behavioral Health Services. Publication ID
SMA14-4816
<https://store.samhsa.gov/product/TIP-57-Trauma-Informed-Care-in-Behavioral-Health-Services/SMA14-4816>

Trauma-Informed Care ? Implementation Resource Center
<https://www.traumainformedcare.chcs.org/resources-for-becoming-trauma-informed/>

The National Child Traumatic Stress Network <https://www.nctsn.org/trauma-informed-care>