

## **KINE 100 - Swimming Course Outline**

**Approval Date:** 02/13/2020

**Effective Date:** 08/14/2020

### **SECTION A**

**Unique ID Number** CCC000616625

**Discipline(s)** Physical Education

**Division** Kinesiology & Athletics

**Subject Area** KINESIOLOGY

**Subject Code** KINE

**Course Number** 100

**Course Title** Swimming

**General Education Information:**

**SECTION C**

**Course Description**

**Repeatability** May be repeated 0 times

**Catalog  
Description**

**4. Methods of Instruction:**

**Activity:** Students will be asked to demonstrate learned skills.

**Lecture:** Students will have lectures and demonstrations on basic strokes. Students will have lecture on basic survival skills and will be required to demonstrate.

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

Additional assessment information:

1. Testing of practical skills learned
2. Written knowledge on skills introduced

Letter Grade or P/NP

**6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Students will have materials provided to read from the American Red Cross - Learn to Swim Program. Students will read assigned chapters relating to strokes learned.

B. Writing Assignments