

# KINE 285 - Men's Basketball Team Course Outline

Approval Date: 02/13/2020

Effective Date: 08/14/2020

## SECTION A

**Unique ID Number** CCC000629411

**Discipline(s)** Coaching  
Physical Education

**Division** Kinesiology & Athletics

**Subject Area** KINESIOLOGY

**Subject Code** KINE

**Course Number** 285

**Course Title** Men's Basketball Team

**TOP Code/SAM Code** 0835.50 - 0835.50 Intercollegiate Athletics / E -  
Non-Occupational

**Rationale for adding this course to the curriculum** Changing subject code to KINE.

**Units** 0.5 – 3

**Cross List** N/A

**Typical Course Weeks** 18

**Total Instructional Hours**

### Contact Hours

**Lecture** 0.00  
to 0.00

**Lab** 29.00  
to 175.00

**Activity** 0.00  
to 0.00

**Work Experience** 0.00  
to 0.00

**Outside of Class Hours** 0.00  
to 0.00

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**Total Contact Hours** 29  
to 175

**Total Student Hours** 29  
to 175

Distance Education Mode of Instruction On-Campus

**SECTION B**

**General Education Information:**

**SECTION C**

**Course Description**

**Repeatability** May be repeated 3 times

**Catalog Description** This course is designed for the competitive basketball player who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

**Schedule Description**

**SECTION D**

**Condition on Enrollment**

**1a. Prerequisite(s):** *None*

**1b. Corequisite(s):** *None*

**1c. Recommended:** *None*

**1d. Limitation on Enrollment:** *None*

**SECTION E**

**Course Outline Information**

**1. Student Learning Outcomes:**

A. Demonstrate the skills and utilize strategies required to participate in intercollegiate basketball.

**2. Course Objectives:** Upon completion of this course, the student will be able to:

- A. Understand the governing rules and regulations
- B. Demonstrate knowledge of individual and team skills and will employ proper techniques
- C. Demonstrate knowledge of offensive and defensive strategies
- D. Analyze team performance
- E. Demonstrate sportsmanship
- F. Set up individual strength and conditioning programs
- G. Evaluate and critique



Competition will take place evenings and weekends.  
Students will be required to conduct video analysis.

C. Other Assignments

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**7. Required Materials**

**A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.**

Book #1:

Author: [unclear] 13046 cou