

KINE 297 - Women's Volleyball Team Course Outline

Approval Date: 02/13/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000616750

Discipline(s) Coaching
Health
Physical Education

Division Kinesiology & Athletics

Subject Area KINESIOLOGY

Subject Code KINE

Course Number 297

Course Title Women's Volleyball Team

TOP Code/SAM Code 1270.00 - Kinesiology / E - Non-Occupational

Rationale for adding this course to the

Distance Education Mode of Instruction On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 3 times

Catalog Description This is a course designed for the competitive volleyball player who will represent Napa Valley College in intercollegiate matches. Repeatable three times for credit.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Demonstrate the skills and utilize strategies required to participate in intercollegiate volleyball.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Demonstrate good sportsmanship, team and individual responsibility
- B. Understand and employ mechanics of passing, setting, spiking, blocking
- C.

4. Methods of Instruction:

Lab: Demonstration of offensive and defensive skills needed for intercollegiate volleyball play.

The primary resource material for students are handouts prepared by the coach
Videos: Volleyball, 1st Edition Human Kinetics
Developing Slide Attack, 1996
Option Blocking, 1996
Game Coaching, Blocking and Defensive Adjustment, 1993